



Saturday 26th May 2012

Race starts at 1pm (registration from 11am)

Start and finish at An Talla

(scottishathletics Permit Event. Promoted under UK Athletics rules)

10k Entry fee: £10 for non Scottish Athletics members
(£8 SA members)

Further details are available at www.tireefitness.co.uk

Name:

Age on 26th May 2012:

Male/Female:

Club (if applicable):

Scottish Athletics No (if applicable):

Address:

Email:

Tel:

I declare that I am an amateur as defined under SA rules and all associated bodies and will abide by those rules. I will be 16 years of age or older on the day of the race. I hereby agree that the organisers or their associates shall not be liable for any loss, injury, accident or damage as a consequence of my participation in the event. I will not participate in the event unless I am medically and physically fit to complete the proposed distance.

Signed:

Date:

Race results will be posted in the evening at An Talla and at www.tireefitness.co.uk

Please make cheques payable to “**Tiree Sports Foundation**” and return with completed form to:

Tiree Fitness
Tir A Chladaich
Sandaig
Isle of Tiree
PA77 6XQ

Tel: 07768 462 613

Email: will@tireefitness.co.uk